

## 1. BUILD YOUR BOWL

CHICKEN TERIYAKI® 200/361/495cal

CHICKEN BREAST TERIYAKI 188/336/461cal

SPICY CHICKEN 188/375/516cal

ADDICTIVE

**ORANGE CHICKEN** 214/429/572cal

**STEAK TERIYAKI®** 222/444/592cal

TERIYAKI SALMON® 🔨 SON OF 160cal A FISH

**CHICKEN KATSU** 341/592/759cal

SPICY TOFU TERIYAKI 190/309/311cal

**TWO PROTEINS** 320-698cal

ALL BOWLS VEGGIES® <sup>+55/109/164cal</sup>

\*Additional

2. CUSTOMIZE BOWL CHOOSE YOUR BASE

WHITE RICE® +221/295/369cal

**BROWN RICE®** +191/254/318cal

\*FRIED RICE® +514/686/857cal

\*YAKISOBA NOODLES +315/630/788cal

MAKE IT A ALL VEGGIES - MAKE IT A +109/145/181cal

TRY YAKISOBA STYLE! (Noodles + Your Protein + Veggies wok-tossed together) +51/77/102cal





Add a regular size Fountain Drink and Eggroll to ANY bowl!

+150cal - 439cal Reg Drink/Eggroll | +150cal - 580cal Large Drink/Eggroll



EDAMAME 191cal

CHICKEN POTSTICKERS



CHICKEN® 188-302cal

STEAK® 286cal

SPICY TOFU 190cal



REGULAR 0-289cal

LARGE 0-430cal CRAB RANGOON 378/543cal (4) OR (6) CHICKEN EGGROLL

150cal **(1)** 

MAKE IT SPICY®

MAKE IT MAD SPICY®

BOTTLED DRINKS 0-280cal



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AND NOW, GET YOUR TMAD DELIVERED!





Available Gluten Free. Please be aware that due to shared cooking and prep areas, it is possible for food to come into contact with gluten, milk, eggs, wheat, soybean, fish and shellfish.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.